



Newsletter 5 | 2019

Principal's Pen

It's hard to believe we are nearing the end of another term at Goollelal Primary. Looking back over the last nine weeks there have been so many fantastic school and community events for our students to enjoy and learn from, the National Day of Action Against Bullying, assemblies and excursions are just some examples. Our most recent event, Harmony Week, allowed our students to learn about other cultures, to accept differences and to experience a sense of gratitude for the community they live and learn in. Next week, our school will be celebrating Resilience Day on Wednesday and commemorating ANZAC Day on Friday. Mrs Hartmann will be telling you more about those events in the Deputy's Desk section of this newsletter.

Some parents have asked for more information about an incident that occurred in the school office last Friday. The incident that took place was highly distressing to myself and the administration staff who witnessed it. While details of the incident are confidential, please be reassured that at no time were any students at risk. All staff at Goollelal Primary deserve to carry out their duties in a workplace that is free from harassment, threatening language or intimidation. I would like to thank those parents who asked if we were alright. Those kind messages of support were very much needed and appreciated and embody what we love about our wonderful school community.

Changes to Our Student Engagement Policy

Earlier this year, Education and Training Minister Sue Ellery announced a review of the current policies and procedures in place to prevent and respond to violence in schools. The Minister's Statement, "Let's Take A Stand Together," has resulted in some changes and additions to our Student Engagement Policy. These changes include the addition of a 'Good Standing' Policy for Year 4, 5 and 6 students; Codes of Conduct for Students, Staff and Parents; and a statement about the student 'Use of Mobile Phones and Other Personal Electronic Devices in School'. Over the next few newsletters I will be highlighting these important additions. To see the full version of the Student Engagement Policy, please [click here](#).



**GOOLLELAL
PRIMARY SCHOOL**



Year 6 Big Day Out- Teamworks Challenge

Last Thursday, Mrs Woodworth's Year 6 class visited HBF Stadium to take part in a number of activities which required team work, cooperation and problem solving. It was inspiring to see our students encourage each other and to push themselves to meet the challenges presented by the 'Leap of Faith' and the 'Himalayan Bridge'.



TA 14 Assembly

Thank you to Mrs Furlong and the students in TA14 for another entertaining assembly. We were all very impressed with our clever Year 4 students. Their performance of a story and song, all done in the Indonesian language was amazing.

P&C News

Thank you to everyone who donated Easter Eggs, chocolates and other goodies for the P&C Easter Basket Raffle. This week, Mrs Voss and Mrs Koning showed great self-restraint as they wrapped and bundled all the Easter Eggs ready for the raffle draw on Wednesday the 10th of April. Tickets are \$1 each or 6 for \$5. Please complete the forms that were sent home last week and place them in a zip-lock bag or envelope. Completed forms can then be returned to the box in the library.

I hope you all have a lovely weekend.

Lynne

Lynne Anderson | Principal

Deputy's Desk

Dear Parents

Sometimes we must climb out on the furthest limb to discover our true strength and purpose in life.

RESILIENCE DAY AND A FUNDRAISER

The term has been full of so many wonderful activities and is coming quickly to a close. Next week on Wednesday 10 April we are plunging into our first Resilience Day at Goollelal. I am asking that everyone who comes on site in the morning wears a cape – a visual reminder that we can be our own super hero! It does not need to be purchased – a scarf around the neck will be fine. At 9:00am, on that day, there will be a short 15 to 20 minute assembly where the choir will sing a song about Resilience to the school and there will be a quick conversation about resilience. Entry is by cape and coin!

The student leaders have decided that they would like to link the day to a fundraiser and have chosen the Perth Children's hospital. They wish to dedicate strength and resilience to all the sick children for a speedy recovery. So we will have a **gold coin donation** on the day please.

Across this term the staff have produced some exceptional lessons around Resilience and most particularly the Resilience Doughnut.

On our Resilience Day our amazing kindy staff are running a 'Have a good day café' from the cubby! All children are able to have a piece of fruit and a cup of water. Rosalyn, Michelle and the other early years' staff are also planning some 'challenge activities' in the playground.

The centre of the Resilience Doughnut (**I have, I am, I can**) reflects the development of internal or personal characteristics that enable a person to bounce back from adversity. These are personal competencies or internal assets that are associated with healthy development and life success.

During this past week I was invited to both TA6 and TA4 to enjoy a lesson based on Resilience.

In TA6, our year 2 class, focussed on personal strengths. Mrs Egan came dressed in a super hero costume and introduced a special friend of hers, named Louis to the class. Louis is a giant bear who is afraid to come to school. Mrs Egan's focus was on the stages of moral reasoning which is an integral part of the theory around the development of resilience, when we need to make a judgements on whether we are to act positively or negatively, in any given situation.



The language of the lesson was very child friendly and Mrs Egan supported Louis to feeling comfortable about coming to school with WONDERFUL ideas from the class. Thank you year 2 for all your wonderful ideas.



In TA4, the lesson focus was slightly different for the two different year levels.

Year 1: Personal strengths and how these change over time

Year 2: Personal strengths and achievements and how they contribute to personal identities

Natalie Burnett related the Resilience Doughnut to the powers that the children have and each one of the outside elements of the doughnut being the strengths or powers that they have to give them strength.

See the Doughnut model to identify these strengths or shields.

The Parent factor, The Skill factor, The Family factor, The Education factor, The Peer factor, The Community factor, The Money factor.



Thank you both to Mrs Egan and miss Burnett for making the lessons so relevant, fun and working towards building resilience in our children.

ANZAC Day

All community members are invited to our annual ANZAC service to be held on Friday 12 April at 9:00am in the Assembly area. I would be very grateful for any roses that you have to offer on THURSDAY – the day before, please. Any children who are members of community groups such as scouts are welcome to wear uniform.



End of Term Faction Slips

We have been busy counting all the faction slips and soon we will know which faction will be treated to some amazing fun. I wonder which faction it will be? Mr Rintoul has some fabulous things planned.

Safety — Bikes, skateboards, scooters & helmets

Thank you to all the children and parents for exercising safety practices with helmets. It is lovely to see so many parents riding to school with their children and also wearing a helmet. I have also seen several children showing their parents the blue lines which are painted on the paths, as safety precautions. We ask that at the blue line everyone gets off and walks their bike, skateboard or scooter in.



do
THE RIGHT
THING...
EVEN WHEN
no one
IS LOOKING.

Meet Victor... I caught him doing the right thing!! Thank you Victor!

Kerry

Kerry Hartmann | Deputy Principal

Congratulations!

TA3	Liam W Robin
TA4	Talon Chase
TA5	Amy S Isabelle M
TA6	Madeline G George
TA8	Jayden W Jonathon
TA10	Evie M Mya G Yona
TA12	Caelan
TA14	Joel James Elin
Deputy Principal	Izabel O
Performing Arts	Isabella W Phoebe W Hazel Marni Mya G La- Li Teiana Juliette Ivy C Avina Kyla Xander C Daniel Finley P



**GREAT
JOB**



From the Community

A reminder that, for duty of care reasons, the Department of Education requires us to differentiate between school organized, P&C organised and business/community activities. These are non-school activities.

Baby & Child First Aid Session



Tickets
\$40pp
includes coffee
& cake

Saturday 13th April

9am start

Venue: Hatched Coffee Shop,
Shop 5, 9 Moolanda Blvd, Kingsley

For ticket information contact Rebecca on 0455 585 866
or rebecca.hudson@parentmedic.co

parent medic
join the movement that saves lives.



Government of Western Australia
Child and Adolescent Health Service



Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- Seminar Series – 90-minute talks on:
 - children's behaviour
 - the tough part of parenting
 - raising confident children
 - raising emotionally resilient children.
- Discussion Group – small, 2-hour groups:
 - misbehaving
 - fighting and aggression
 - hassle-free shopping with children.
- Group Triple P – 8-week parenting course.



Program details:

Place: _____

Date/s: _____

Time: _____ Cost: **FREE**

How do I book?

Visit www.healthywa.wa.gov.au/parentgroups.

If unable to book online, contact the Child Health Booking System on 1300 749 869.

Childcare: Please do not bring babies and children over the age of 6 months to the group.

You will need to make your own childcare arrangements for them. Crèche may be available at some venues. (Please check and organise through the venue).

You can bring babies into groups for feeding.

Visit www.healthywa.wa.gov.au/parentgroups for more information.

This document can be made available in alternative formats on request for a person with a disability.

December 2018 CAH-001009_TripleP



SOCER SCHOOLS

HOLIDAY CLINICS

PRENDIVILLE CATHOLIC COLLEGE

Constellation Drive, Ocean Reef

FULL DAYS 8am to 3pm \$40

HALF DAYS morning or afternoon \$20

Monday 15th April - Friday 26th April



Please remember to bring water and packed lunch!

Hats and Sunblock must be worn at all times

Book online or contact Nick on the details below

Email: nick1965@bigpond.com Mob: 0409 118 228 Office: 9304 8111

Website: www.ncsoccerschools.com.au

**call now for a
FREE TRIAL**

TERM 2

SOCER FUN FOR GIRLS & BOYS AGED 2 TO 12!

TERM 2, 2019 PROGRAM (STARTING 11th MAY)

FREE UNIFORM (SHIRT AND SHORTS) FOR THE FIRST 30 ENROLLMENTS

MITE (2-3 YEARS OLD)	PINT SIZE (4-5 YEARS OLD)	INTRO TO MICRO (5-6 YEARS OLD)	MICRO (6-8 YEARS OLD)	MICRO + (9-12 YEARS OLD)
A great introduction to Soccer! Children work with their parents to learn new soccer skills and develop their motor skills! Lots of fun games in a non-competitive environment	Children take their first kicks in soccer! They'll be introduced to shooting, dribbling, goal keeping and more! Children get to play lots of fun, skill based games. Grasshoppers get introduced to the Pint Size 1v1 Big Game!	The ultimate challenge for young soccer players! They'll learn the rules of the Grasshopper Soccer Big Game and develop their skills in passing, dribbling, shooting and more!	This program focuses on skill development and team work in preparation for club soccer. Children will enjoy all the favourite soccer based games, fine tune their skills as well as play the Grasshopper Soccer Big Game!	
35 minute classes \$120 for 8 weeks	50 minute classes \$130 for 8 weeks	INTRO 60 mins \$140	MICRO 75 mins \$150 for 8 weeks	75 minute classes \$150 for 8 weeks

0450 500 046 grasshoppersoccer.com.au

Grasshopper SOCCER

KINGSLEY

TARGET SPORTS

FREE 2 WEEK SOCCER TASTER PROGRAM

Thursday 4th and 11th April

Where: Crean Primary School

Who: ALL Primary School Students

★ 3:10pm - Kindy and PP ★

★ 4:05pm - Years 1 & 2 ★

★ 5pm - Years 3, 4, 5 & 6 ★

CONTACT THE TARGET SPORTS TEAM TO REGISTER YOUR SUPERSTAR TODAY!

9562 4636 | 0406 979 858

targetsports.com.au



Kingsley Junior Football Club

Pre Primary Have A Go Day

Kingsley Park, Kingsley Drive,
Kingsley



Friday 5th April. 5pm-6pm

All Pre Primary kids are invited to come down and give footy a go. They will get a chance to experience an AusKick session. Afterwards there will be a bouncy castle and obstacle course to experience; and we'll even feed them.

Kids LOVE Drama

PARENTS LOVE THE RESULTS



WEEKLY CLASSES ENROLLING NOW

KINDY DRAMA 3-5 YEARS | LOWER PRIMARY 5-8 YEARS
UPPER PRIMARY 9-12 YEARS | YOUTH 13-17 YEARS

Cannington • Duncraig • Ellenbrook • Greenwood
Kallaroo • Kingsley • Kingsway • Kinross • Quinns Rocks

TO FIND OUT MORE, PLEASE CONTACT US

9402 8744

justin.lawson@helenogrady.net.au
www.helenogrady.net.au

5 - 7 APRIL 2019
CENTRAL PARK, JOONDALUP

JOONDALUP FESTIVAL 2019

CLICK TO FIND OUT MORE



<https://www.joondalup.wa.gov.au/kb/resident/joondalup-festival-2019>

FREE, FUN KIDS PROGRAM



Join your next FREE local program at HBF Arena Joondalup

DO YOU HAVE KIDS 7-13 YEARS OLD? ARE YOU WORRIED ABOUT THEIR WEIGHT?

The Better Health Program is a fun, interactive 10 week healthy lifestyle program for families.

In a supportive and friendly environment, children become fitter, healthier and happier.

PLACES ARE LIMITED! FIND OUT MORE OR REGISTER NOW FOR TERM 2 2019:

Call us: 1300 822 953

Text us: 0409 745 645

Online: www.betterhealthprogram.org

Starts: May 2nd, 2019

Day: Thursday

Time: 4pm – 6pm



PARTNER

betterhealthprogram
healthy active happy kids



Building Better Term Program



Program Overview:

Building Better Programs are designed to help primary school aged children to not only survive in the face of adversity but to thrive! The workshops build upon the existing strengths of individual children and equips them with a range of tools, skills and strategies to build the resilient attributes and confidence needed to cope with challenging circumstances. Building Better Programs are empowering, interactive and fun for children to live healthier and happier lives.



Build better communication skills



Build better self-esteem and independence



Build better problem solving skills



Build a better sense of purpose

Build better positive and growth mindset

Build better brain and body connections

HOW MUCH: \$150 For a 10 Week Term Program

WHERE: North Woodvale Primary School (P&C room)

4 Chichester Drive, Woodvale 6026

WHEN: Starting Term 2 4th May - Saturdays

GIRLS GROUP: Saturdays 1 - 2pm

BOYS GROUP: Saturdays 2:30 - 3:30pm



For more information, or to book your program today



call 0432 278 089 or



email robyn@tictchlifecoaching.com.au





Sharing, caring and
Learning

