



## Principal's Pen

Over the last three weeks we have been holding our Pre-Primary to Year 6 Parent Meetings. Thank you to all those parents who were able to come along. These meetings are a great way to hear about the classroom routines and to ask questions if there is something you aren't sure about. Please don't worry if you were unable to make it to the meetings as each teacher has produced a brief handout which outlines the information discussed. Of course, if you have any questions that weren't covered in the meetings or the handouts, please see your child's teacher.

### Swimming

On Monday, Kerry and I visited Aquamation for the first day of swimming lessons. It was great to see all the children settle into their classes with ease. I was so proud of them all, but especially some of our children who were a little anxious before the lessons started. Kerry and I visited each group and there were smiles all round!

### P&C Family Picnic Night

On Friday the 6<sup>th</sup> of March our P&C will be holding a family picnic on the school oval starting from 5pm. This event is to welcome families, both new and old to the school.

### Photo Day

Our school photo day is scheduled for next Wednesday, the 4<sup>th</sup> of March. Very soon every student will come home with a Kapture Photography flyer with online login details. For more details, please see the notice on the school app and later in this newsletter, taking special note that there are 'cut-off' times for ordering. **Sibling photos must be pre-ordered before 12.00 midday on the 3 March.**



### P&C GOOLLELAL WELCOME PICNIC

**Date:** Friday 6 March 2020  
**Time:** 5pm  
**Venue:** Goollelal school oval  
**Cost:** Gold coin donation  
**Bring:** Picnic dinner, picnic rugs, chairs, torch, bug spray and spare change  
**On sale:** Lolly bags, ice creams, soft drinks and coffee

Please note this is not a drop off event - children are to be supervised by an adult at all times  
All enquiries to [pandc@goollelalps.wa.edu.au](mailto:pandc@goollelalps.wa.edu.au)

## National Day of Action Against Bullying and Violence

On Wednesday the 18<sup>th</sup> and Thursday the 19<sup>th</sup> of March we will again be carrying out schoolwide activities to focus on ways that our children can address bullying.

What is Bullying? Bullying can be defined as, *'repeated incidents involving a bigger, stronger or more powerful child on a smaller or weaker child or by a group of children on a single child'* (Education Dept of WA).

At Goollelal Primary School we take bullying very seriously and work hard to teach our students to report any type of bullying to a trusted adult. We ask anyone who witnesses or suffers from bullying to pass the information on to the classroom teacher or office staff. Our response to any reports of bullying is to investigate thoroughly and take appropriate action. For a full explanation of our response, please see our Anti-Bullying Policy on the school website.



## Voluntary Contributions

I would like to thank the many parents who have already paid their Voluntary Contributions. This money assists in the purchase of additional resources and the running of programs in the school which have a direct impact on your children's learning.

Last year 79% of parents were able to pay which was fantastic for the school. Every cent of the contributions you make is spent directly on our students in the form of resources such as art supplies, reading books, library books, maths and science equipment, computer equipment and iPads.

For your convenience you can pay via Direct Deposit into the school's bank account. The school's bank account details are:

Account Name: Goollelal Primary School  
BSB: 066 040  
Account Number: 1990 1156

## School Development Day - Thursday 9<sup>th</sup> April

I would like to remind everyone that we have made one change to our normal School Development Day (Pupil Free Day) scheduling this year. Normally, School Development Days are held on the first Monday after the holidays in Term 2, 3 and 4. This year, our school has aligned with all the schools in the Kingsley, Greenwood Network of schools to change the upcoming School Development Day to Thursday the 9<sup>th</sup> of April. This means students will return to school on Tuesday the 28<sup>th</sup> of April, the day after ANZAC Day.

Lynne

Lynne Anderson | Principal

# Deputy's Desk



## Year 6

On 6 March we look forward to our first assembly which will be hosted by our senior class. At this assembly the Year 6 children will be presented with their leadership badges. Each of the children belong to a leadership group being either Community, Environment & Sports. Each group has a variety of roles and this year, the children will take turns to lead various activities that each group runs. I am especially proud of the way the Year 6 children have begun the year! They are demonstrating maturity, a great sense of pride in their roles and I know we are going to have a great year. Bev Woodworth and Kym Tarr (class teachers) have many wonderful things planned for them. It will be such a pleasure to present them with their badges.

## Anaphylaxis Awareness:

We have a number of children across the school who are anaphylactic to a variety of things. Previously schools would ban things like peanuts from lunch boxes, but the advice now is very different. It would be wonderful if everyone could spend a moment considering the poster on the right. It has such a great name and sentiment, *Be a Mate*. It is educative in nature and encourages all of us, including children to know about and understand the allergies of anyone around us. You will see this poster around the school to remind us all.

## Defibrillator

We now have a defibrillator at Goollelal. It is on the outside wall of my office. It is available for public use, should it be required in an emergency situation. Several staff members are trained in its use.

**How to help keep SCHOOLMATES who have FOOD ALLERGIES safe**

- 1 Don't share your food with friends who have food allergies.
- 2 Don't forget to wash your hands after eating.
- 3 Know what your friends are allergic to.
- 4 If a schoolmate who has allergies becomes sick, get help straight away. (Even if they don't want you to.)

For more information about Food Allergies contact: 1300 728 000 or visit [allergyfacts.org.au](http://allergyfacts.org.au)

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Allergy & Anaphylaxis Australia  
Your trusted charity for allergy support

**Be a Mate**  
Making Allergy Treatment Easier

## Some early notice – ANZAC Day Service

This year's ANZAC Day service will be held on Wednesday 8 April at 9am, which is the last day for the children this term. All families and extended families are most welcome to attend. Later, I will be asking for donations of roses. Please give those rose bushes a little fertilizer soon!

## Some VERY early notice – Book Week

This year the Book Week Assembly will be held on 28 August – one for the diary. The choir will host the assembly, but all classes will be involved. Each year, the Children’s Book Council of Australia determines the theme of Book Week. This year the theme is Curious Creatures, Wild Minds! Later in the year, parents will be asked to provide some simple costuming. You will get plenty of notice!



## Choir 2020

Choir is offered to any students from Year 2 to 6 who want to come along to the Library on most Mondays, beginning week 5, after swimming. The choir is all about enjoyment. There is no auditioning and I don’t care if the children can sing in tune, as long as they enjoy it. Music brings so much joy to our lives. We often poke in one song for simple relaxation and breathing. It is surprising how difficult that is for many of the children (and me!) As the weeks go by, we will get better at it.

We perform at ANZAC Day, Book Week and Xmas time. There are no rules except to have fun and respect for each other. I never mind if they try it out and go but when it’s coming up to a performance the children need to attend. There are often extra practices poked in. The children are very good about giving up an odd lunch time for the sake of polishing up a performance.

Kerry

Kerry Hartmann | Deputy Principal



# Chaplain's Chatter



Welcome to the new school year! My name is Stephanie Hund and I am the school chaplain. My role is to focus on the wellbeing of students, parents and teachers in our school community.

A school chaplain is present in the school to:

- Provide pastoral care for staff, students and families.
- Link schools with the local community, support agencies and organisations
- Play an active role assisting and supporting school events.
- Support, mentor, encourage and empower the school community.

Please see Mrs Hartmann if you think I can be any of any assistance to you or your child.

Stephanie

Stephanie Hund | **School Chaplain**



## School Photo Information

Every student should have received a Kapture Photography personalised flyer to bring home this week. The only method of ordering your photos is online through the Kapture website as your payment is secure and can be easily verified at any time.

You have the option to order a sibling photo package online, however please note **sibling orders will close in at 12-midday sharp, one business day before the photo date.** We suggest you place your sibling order as soon as you receive your flyer with your order instructions as places are limited.

***Log on to [kapture.com.au](http://kapture.com.au) for your sibling photo order cut-off date and time.***

You can place an order online for class or individual photographs at any time for the remainder of the current school year. However, **a \$20 fee will apply if you order more than 10 days after photography.**

Please note class groups, individual and sibling portraits are not available to view online prior to purchase.

Kapture offer a money back guarantee for any parent who is not fully satisfied with their photo package. Should you have any queries before or after photo day, please direct them to the Kapture office on **9240 1714** or email **[enquiries@kapture.com.au](mailto:enquiries@kapture.com.au)**.

*All students will be photographed individually on photo day for school administration records AS WELL as included in their class group photo available for purchase to all families. Should there be any reason why your child should **NOT** be included in the photo shoot –please contact the school office.*

**If you have misplaced your personalised flyer or didn't receive one in the case of separated families please email [jane.quirk@education.wa.edu.au](mailto:jane.quirk@education.wa.edu.au) and you will be provided with your child's student ID so that you are able to order online.**

# From the Community

A reminder that, for duty of care reasons, the Department of Education requires us to differentiate between school organized, P&C organised and business/community activities. These are non-school activities.



**40 YEARS OF DRAMA!**

- Boost Confidence
- Increase Self Esteem
- Learn Life Skills
- Improve Communication
- Develop Drama Skills

■ KINDY DRAMA 3 - 5 YRS    ■ UPPER PRIMARY 9 - 12 YRS  
 ■ LOWER PRIMARY 5 - 8 YRS    ■ YOUTH 12 - 17 YRS

**WEEKLY CLASSES ENROLLING NOW**

• AVELEY • CURRAMBINE • DUNCRAIG • GREENWOOD  
 • KALLAROO • KINGSLEY • KINGSWAY • QUINNS ROCK

**PH. 9402 8744**  
 Justin.Lowson@helenogrady.net.au  
 www.helenogrady.net.au




**COME & TRY SOCCER**  
WITH JOONDALUP UNITED FC

SATURDAY 22ND FEBRUARY 2020  
 SATURDAY 7TH MARCH 2020  
 8.30AM - 9.30AM  
 CHARONIA RESERVE, MULLALOO

FOR BOYS & GIRLS  
 U6 (2014/15 BORN)  
 U7 (2013 BORN)

GOT QUESTIONS?  
 CALL LYN ON  
 0487 195 065

REGISTER ONLINE:  
 JUFC.COM.AU/EXPRESSION-OF-INTEREST-FORM/



**Kingsley Junior Football Club (inc)**

**Registrations Open**

Online registration:  
 Auskick - <https://play.afk/auskick>  
 Modified Rules - [http://kingsleyjfc.com.au/docs\\_registration.html](http://kingsleyjfc.com.au/docs_registration.html)

The Club will be open on Sunday 23 February 2pm - 4pm to assist those unable to complete online registration.



Government of Western Australia  
Child and Adolescent Health Service  
WA Country Health Service

**Triple P - Positive Parenting Program®**

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

**Who is this program for?**  
Parents, carers and/or grandparents of a child aged between 3 and 8 years.

**What is involved?**

- Seminar Series** – 90-minute talks on:
  - children's behaviour – the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- Discussion Group** – small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - bedtime routine
  - hassle-free shopping with children.
- Group Triple P** – 8-week parenting course.



**Program details:**

- Group Triple P (7week Program), Craigie Leisure Centre  
Tuesday's - 9.30am - 11.30am  
18th February - 31st March 2020
- Seminar Series, Craigie Leisure Centre  
Monday's 9.30am - 11.30am  
16th, 23rd and 30th March 2020
- Discussion Group (Dealing With Disobedience), Craigie Leisure Centre  
Wednesday 9.30am - 11.30am  
25th March 2020

BOOKINGS ARE ESSENTIAL  
 Visit [www.healthywa.wa.gov.au/parentgroups](http://www.healthywa.wa.gov.au/parentgroups)

**Please note:**  
 Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. DO NOT bring hot food and drinks for safety reasons.  
 Visit [www.healthywa.wa.gov.au/parentgroups](http://www.healthywa.wa.gov.au/parentgroups) for more information.

This document can be made available in alternative formats on request for a person with a disability.

September 2019 CAH-001009\_TripleP



**Dalmain Netball Club**

Interested in playing netball in 2020?  
Dalmain Netball Club is ready for you!

We are a local club that values teamwork, encouragement and participation.

After a successful 2019 season, that saw our Year 6 team take out the premiership, we are looking forward to big things in 2020.

We offer Net-Set-Go coaching from pre-primary onwards, and even had a senior team compete this year.

If your child is interested in playing Winter Netball 2020 please contact us via our email for further information.

[dalmainnetball@gmail.com](mailto:dalmainnetball@gmail.com)  
<https://www.facebook.com/DalmainNetballClub/>



### What you can do

- Test all the boys in your family if there is a history of colour blindness. This testing is easier to do once your child starts to know numbers (around the time that he starts school).
- If people on both sides of the family have colour vision problems, also test all the girls.
- Ophthalmologists (eye specialists) and optometrists (opticians) can test for colour vision. Some school health services and some doctors can also test children's colour vision.
- After a colour vision problem is found, your child may need more tests to tell exactly what the problem is.
- There are online sites where you can check for colour blindness, but it is best to get your child checked by a health professional.



### Helping children who are colour blind

- It usually helps children to know why they are having problems when others are able to do something easily. They may believe that they are 'stupid', when their eyes just work differently to others. Talk to your child about being colour blind, how to explain it to others, and keep supporting him at school and at home.
- Tell the school – if teachers know your child is colour blind, they can choose ways of teaching and learning that do not need him to pick colour differences.
- When your child is old enough to read, label coloured pencils and other objects so that he can choose the 'right' one. Ask his teacher to do this in the classroom too. This can help your child avoid being embarrassed or teased.
- Check out support groups and websites for colour-blind children and their families – see below.

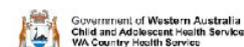
### For more information contact

- Local school health nurse
- Local family doctor or optometrist
- Colour Blind Awareness and Support Group  
members.optusnet.com.au/~doverton
- Raising Children Network  
www.raisingchildren.net.au
- HealthyWA  
www.healthywa.wa.gov.au

This document can be made available in alternative formats on request for a person with a disability.

This publication is provided for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

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## colour blindness



better health · better care · better value



## 2020 5 Week Programs



Get active this term with RugbyRoos!

Our 5 Week Programs are a great way to learn and play rugby in a fun and safe environment. Suitable for both **beginners** and **experienced** players.

Registrations open now at [rugbyroos.com](http://rugbyroos.com)



Nedlands North  
Rugby Club

Track to Life

## betterhealthprogram

healthy active happy kids



### FREE FUN PROGRAM FOR KIDS!

The Better Health Program is a 10 week healthy lifestyle program for kids aged 7-13 who are above a healthy weight.

- Learn simple ways to eat healthier foods everyday
- Build confidence and boost self esteem
- Get fit playing fun games and activities
- Meet new friends and have fun!

PLACES ARE LIMITED REGISTER NOW FOR TERM 1 2020

Where: LATITUDE Edgewater

Starts: February 6th, 2020

Day: Thursday

Time: 4-6pm

Call: 1300 822 953 - SMS: 0409 745 645

Online: [betterhealthprogram.org](http://betterhealthprogram.org)



Government of Western Australia  
Department of Health

