



## Principal's Pen

Dear Parents,

It is so hard for me to write this, my last newsletter as Principal of Goollelal Primary. I am looking forward to a new challenge at a bigger school, but leaving Goollelal is not at all easy. I have been so lucky to work with an amazing staff, especially my office family, Kerry Hartmann, Marion Coad and Jane Quirk. Thank you ladies for running the coffee powered, engine room of the school. Thank you to each and every member of the staff, our teachers, assistants, cleaners and Dominic Long our gardener, for making this school such a lovely place to work and learn.

Over the last four years I have loved meeting all the children, mums, dads, grandparents, little brothers and sisters and other family members that make up this great school community. I am definitely going to miss some of our school community events when we all come together to celebrate the children's achievements. Assemblies, sports carnivals, Book Week, Colour Runs, graduations and the Edu Dance Concert are those special events when we all get to see everyone who make this school community special. I will be taking away some lovely memories of those special events and more importantly, special people.

Thank you to everyone for all the lovely cards, flowers, chocolates and liquid refreshment! I will be starting my diet next month!

Once again, thank you everyone, I wish you all the best and will always think of Goollelal Primary with happy memories.

Lynne

Lynne Anderson | **Principal**

GOOD  
bye

# Deputy's Desk



Dear Parents,

*Be kind to each other.*

Today is a very sad day on the Goollelal calendar as we farewell Lynne Anderson and congratulate her on her promotion to Lake Gwelup Primary. Lynne has been at the school for the past 4 years and during that time has endeared herself to the school community. We thank you Lynne, for the valuable contribution that you have made to the school and for your bright and effervescent nature. We wish you the very best of luck for this next stage of your career and hope that your new position (at a much bigger school!) will bring you much happiness and fulfillment. Don't forget to stay in touch!

It is also congratulations to Mrs Vanessa Furlong who will come to join me in the Office, in the role of Deputy Principal. I look forward to working closely with Vanessa next term.

We also welcome Mr Clayton Bruce-Cherry who will take over the year four class. Clayton completed his Teaching degree with Miss Natalie Burnett and we are thrilled to offer him this position. Welcome to Goollelal, Clayton. I heard the boys tell you yesterday how excited they are to kick a footy at lunch time with them!

If you notice Mr Rintoul looking exhausted this week, it is because of the organisation and planning for the Interschool Sports Carnival on both Monday and Wednesday. The children really look forward to all the sporting activities which term three brings, and the children who represented us this year at the interschool carnival had a wonderful time, won a few ribbons and had the best sportsmanship on a picture perfect day. Geoff was wonderfully assisted by a Pre-service teacher Tiah Parker who experienced the organisation of a carnival first hand! Thank you Tiah. It was such a shame that only year 6 parents were able to attend, but I feel sure that next year, everything will return to normal.





Next term most classrooms will have a pre-service teacher and we look forward to welcoming them in week two.

It has been a really busy term and now it's time to re-fresh. I wish to thank all staff for their tireless work and the children for their good nature, good manners, and sense of fun and of course their amazing work ethic! Next term we look forward to the fun that Edu-dance brings each Wednesday, a new initiative, as we extend the hand of friendship to Merrilinga , the local three year old Kindy. We are going to walk our Kindy children down for a puppet show and we will invite them up to enjoy a teddy bears picnic! You never know, some of them may stay on the following year and become a permanent addition to our gorgeous school community!

The year six children and their families look forward to Graduation, their High Tea and all it brings, but fortunately we don't have to say goodbye just yet, we will still enjoy their company for another term. It's really hard to believe that they are about to head off to high school. Where did that time go?! I hope that all families have a wonderful fun-filled holiday and come back bright and sparkly for a new term.

Kerry

Kerry Hartmann | **Deputy Principal**



# Chaplain's Chatter



Social media has become very popular amongst kids so parents need to put in place some written guidelines that can help your child get the benefits of social media while using it responsibly, respectfully and safely. This agreement could be part of a family media plan. If these guidelines include your social media use as well as your child's, you can be a positive role model.

Here are some points on what to talk about when it comes to using social media and how we can stay safe and protect our privacy and information when posting online.

## **Protecting privacy**

There's been a lot of concern about how large social media platforms like Facebook handle users' data. It's a good idea to go through privacy guidelines and settings with your child and make shared decisions about the platforms and privacy settings your child uses.

Your child can protect their privacy by agreeing to:

- not share personal information like phone numbers, location and date of birth with strangers online, or with people they don't know personally
- not add personal details like phone numbers or date of birth to private profiles
- regularly check privacy and location settings, especially on mobile phones
- keep passwords and log-in details private and not share these with friends
- log out after using public computers
- disable features like posting to multiple social media sites at once

## **Staying safe on social media**

Safety essentials for your child include:

- blocking and reporting people they don't know or who post upsetting comments or content
- not clicking on pop-ups. Some pop-ups that seem safe can lead to pornography sites or ask for personal or financial information
- accepting friend requests only from people your child knows to be who they say they are
- taking a screenshot and talking to a trusted adult about upsetting things they see or experience online.

Stephanie

Stephanie Hund | **School Chaplain**



# From the Community

A reminder that, for duty of care reasons, the Department of Education requires us to differentiate between school organized, P&C organised and business/community activities. These are non-school activities.

## Before School, After School and Vacation Care



### Care for Kids OSHC, Goollelal PS

<b>Before School:</b>	Monday to Friday from 6.30am
<b>After School:</b>	Monday to Friday until 6.00pm
<b>Vacation Care/Pupil Free Days:</b>	Monday to Friday 6.30am to 6.00pm

**For children in Kindy to Year 6**

**Government Child Care Subsidy applies**

Call into our room and say 'hello' or contact us on  
[goollelalpsoshc@careforkidswa.net.au](mailto:goollelalpsoshc@careforkidswa.net.au) or 9309 2300

**At Care for Kids OSHC, Goollelal Primary School we provide:**

- A safe, fun and engaging environment.
- Interesting and challenging activities.
- Professional, experienced, qualified and consistent Educators.
- Weekly activity facilitated by an external coach, e.g. Rhythm Fix percussion, Zumba, Pyjama Drama, multisport, martial arts – at no additional cost.
- An healthy and nutritional afternoon snack from our low in additives/added sugar menus.
- A fully licensed and accredited service.
- Educational projects and programs.
- A wide variety of engaging and exciting play spaces, including pet chickens.
- Fun filled vacation care programs including excursions and incursions.
- Collaboration and working in partnership with the school community.
- Online, secure enrolment process.

# From the Community



## Junior Floorball

**Where: Alternating Venues**  
 Seamer Indoor Sports Centre  
 5 Corbusier Place, Balcatta  
**AND**  
 Bouncer Indoor Sports Centre  
 4 Elcar Lane, Joondalup

**When: Saturday Mornings. 19<sup>th</sup> Oct – 14<sup>th</sup> Dec**

Games are 35 minutes (2 x 16min halves) starting from 9am. Younger grades will generally play first, moving up with age.

**Game Format:** 6-a-side team competition with interchanges available (ie: Teams can have more than 6 players to rotate, but only 6 are allowed on court at any one time. Rules are slightly modified to suit our fully enclosed nets.

**Cost:** \$60 per team per game (\$10 per player)

**Age Groups:** 10 & Under, 12 & Under, 14 & Under

**Equipment:** Whilst players are encouraged to provide their own floorball stick, we have loan equipment available and will provide the wiffle (ball). Mouthguards and other protective gear (knee pads, elbow pads etc..) are suggested but certainly not compulsory.

Please direct all enquiries to: [info@northernfloorball.com](mailto:info@northernfloorball.com)

Ph: Seamer Sports – 9240 4157

or

Bouncer Sports – 9300 1600



PLAYGROUP WA  
 INVITES YOU TO JOIN US

**GOOLLELAL  
 PRIMARY  
 SCHOOL  
 PLAYGROUP**



## SOCCER FOR JUNIORS

**We Get Kids Active!**



**Only \$78 for 6 classes in Term 4 2020**

- Boys & Girls aged 3 - 9 Years
- Skills based intro to Soccer
- Indoor sessions
- Modified equipment
- Ideal for beginners
- Age appropriate programs
- Parent help for 3+4 year olds
- SOCCER BALL TO KEEP!

**Location:**

**Padbury Primary School – McDonald Avenue, Padbury**

**Starts**

**Sunday 25th October**

3 + 4 year olds - 9.45am to 10.30am

5 + 6 year olds - 10.30am to 11.15am

7 - 9 year olds - 11.15am to 12.00pm

**\$78**

**\$78**

**ENROL + PAY ONLINE AT**

[WWW.GETACTIVESPORTSWA.COM.AU](http://WWW.GETACTIVESPORTSWA.COM.AU)

To receive the Earlybird price of \$78 you need to Enrol+Pay before 7<sup>th</sup> October.

After 7<sup>th</sup> October the cost will be \$90 FOR 6 SESSIONS INCLUDING A SOCCER BALL FOR YOU TO KEEP!

Programs Focus on Improving Co-ordination and Motor Skills

For more info call us on 1300513793 or email us at [info@getactivesportswa.com.au](mailto:info@getactivesportswa.com.au)

**PLAY NOW PAY LATER – PAY BY INSTALMENT OPTION AVAILABLE**



# From the Community

Government of Western Australia  
Child and Adolescent Health Service



## Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

### Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

### What is involved?

- **Seminar Series** – 90-minute talks on:
  - children's behaviour
  - the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
  - misbehaving
  - fighting and aggression
  - bedtime routine
  - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



### Program details:

Seminar Series, Warwick Stadium  
Thursday's 9.30am - 11.30am  
5th, 12th and 19th November 2020

### BOOKINGS ARE ESSENTIAL

Visit [www.healthywa.wa.gov.au/parentgroups](http://www.healthywa.wa.gov.au/parentgroups)

### How do I book?

Ask your child health nurse or visit [healthywa.wa.gov.au/parentgroups](http://healthywa.wa.gov.au/parentgroups).



To help us all stay healthy, please remember:

- Practise physical distancing.
- Do not attend if you are feeling unwell or need to self-isolate.

If you need to cancel your booking, contact the **Child Health Booking System** on **1300 749 869** (metro only).

### Please note:

Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. DO NOT bring hot food and drinks for safety reasons.

This document can be made available in alternative formats on request for a person with a disability.

June 2020 CAH-001009\_TripP

Government of Western Australia  
Child and Adolescent Health Service



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### Program details:

Seminar Series, Floreat All Saints Uniting Church  
Tuesday's 9.30am - 11.30am  
10th, 17th and 24th November 2020

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### Program details:

Discussion Group, Warwick Stadium  
Wednesday 9.30am - 11.30am  
28th October 2020

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# BETTER HEALTH PROGRAM

Be fitter, healthier and happier!

The Better Health Program is a free 10-week healthy lifestyle program for 7-13 year old children who are above a healthy weight, and their families. The program is available face-to-face or online in selected areas throughout Australia.  
*Get in touch to find out if the program is available near you!*



Online or face to face activity sessions and resources



Free fitness tracker\*, freebie packs and rewards  
\*Online program only



One-on-one phone-based or face to face health coaching

**To register or find out more:**  
1300 822 953  
[betterhealthprogram.org](http://betterhealthprogram.org)

**Follow us on social media**  
Better Health Company  
[Facebook](https://www.facebook.com/betterhealthcompany)  
[Instagram](https://www.instagram.com/betterhealthcompany)

The Program is funded by government agencies throughout Australia.  
Call the Better Health team on 1300 822 953 to find out if the program is available in your area.